

Talk + Kirtan meditation

with Swami Govindananda

Tap into timeless wisdom that has enthralled
and delighted countless yogis and sages.

Enjoy short talks by Swami Govindananda that will provide answers to many of the big questions about life. Participate in joyful meditation that will inspire your spiritual journey.

Share with like-minded souls over a cuppa and light snacks. You are warmly invited to attend!

For advanced students

Swami Ji speaks on the deepest aspects of yoga philosophy and the practice of Bhakti Yoga meditation.

EVERY SUNDAY 5-7pm

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\$15 donation

North Sydney Yoga

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